



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning 8.00-12.00							
Afternoon 12.00-5.00							
Evening 5.00-9.00							
Twilight Zone 9.00-12.00							

**Colour Code Menu:** Input different activities (e.g., studio time, work) into the columns below and allocate a colour.

<b>Taught sessions</b>				



• **Email:** [study.skills@norwichuni.ac.uk](mailto:study.skills@norwichuni.ac.uk)



• **VLE:** <https://tinyurl.com/mpk3auzt>

• **Web:** [www.library.norwichuni.ac.uk/study-skills/welcome-to-study-skills/](http://www.library.norwichuni.ac.uk/study-skills/welcome-to-study-skills/)

